



# February 2012

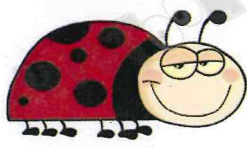


Riverhead Charter School

BRKFST



Preferred Meal Systems, Inc.

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| Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
|                              |   | <b>CRISPIX</b><br>Bagel W/Jelly & Margarine<br>Apple-Cranberry Juice                   | <b>RICE KRISPIES</b><br>Jungle Crackers<br>Orange Juice                               | <b>STRAWBERRY YOGURT</b><br>Banana Muffin<br>Blended Fruit Juice          |
| <b>RICE KRISPIES</b><br>Cinnamon Breakfast Square<br>Apple-Cranberry Juice                                    | <b>CORN FLAKES</b><br>Bagel W/Cream Cheese<br>Blended Fruit Juice | <b>STRAWBERRY YOGURT</b><br>Blueberry Muffin<br>Orange Juice                           | <b>CRISPIX</b><br>Graham Crackers<br>Apple-Cranberry Juice                            | <b>RAISIN BRAN (WHOLE GRAIN)</b><br>Plain Donut<br>Orange Pineapple Juice |
| <b>KIX CEREAL (WHOLE GRAIN)</b><br>Apple Granola Square<br>Blended Fruit Juice                                | <b>RICE KRISPIES</b><br>Graham Crackers<br>Orange Juice           | <b>RAISIN BRAN (WHOLE GRAIN)</b><br>Bagel W/Jelly & Margarine<br>Apple-Cranberry Juice | <b>CORN FLAKES</b><br>Jungle Crackers<br>Orange Juice                                 | <b>STRAWBERRY YOGURT</b><br>Banana Muffin<br>Apple-Cranberry Juice        |
| <br><b>President's Day</b> | <h1>WINTER RECESS</h1>  |  |   |   |
| <b>CORN FLAKES</b><br>Apple Granola Square<br>Blended Fruit Juice   | <b>CRISPIX</b><br>Blueberry Muffin<br>Apple-Cranberry Juice       | <b>STRAWBERRY YOGURT</b><br>Bagel W/Jelly & Margarine<br>Orange Juice                  |  |   |

\*\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

\*\*\*MENU SUBJECT TO CHANGE.



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