Riverhead Charter School March 2024 High School Breakfast Menu

SURF'S UP WITH SCHOOL BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
All Grain Products are Whole Grain **No Pork Products on the Menu** **Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery.** **Please report any food allergy to the school nurse.**				**1** Whole Grain Bluberry Muffin Loaf String Cheese Fresh Orange 100% Apple Juice
4 Whole Grain Honey Nut Cheerios Graham Cracker Bears Fresh Orange 100% Apple Juice	**5** Whole Wheat Blueberry Bagel Grape Jelly Fresh Apple 100% Grape Juice	**6** Whole Grain Banana Muffin Loaf Yogurt Cup Mandarin Orange Cup 100% Apple Juice	**7** Whole Grain Cinnamon Chex Graham Cracker Bears Fresh Apple 100% Grape Juice	**8** Whole Grain Corn Muffin Loaf String Cheese Fresh Orange 100% Apple Juice
11 Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice	**12** Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice	**13** Whole Grain Banana Muffin Loaf Yogurt Cup Mandarin Orange Cup 100% Apple Juice	**14** Cinnamon Toast Crunch Graham Cracker Bears Fresh Apple 100% Grape Juice	**15** Whole Grain Bluberry Muffin Loaf String Cheese Fresh Orange 100% Apple Juice
18 Whole Grain Honey Nut Cheerios Graham Cracker Bears Fresh Orange 100% Apple Juice	**19** Whole Wheat Blueberry Bagel Grape Jelly Fresh Apple 100% Grape Juice	**20** Whole Grain Banana Muffin Loaf Yogurt Cup Mandarin Orange Cup 100% Apple Juice	**21** Whole Grain Cinnamon Chex Graham Cracker Bears Fresh Apple 100% Grape Juice	**22** Whole Grain Corn Muffin Loaf String Cheese Fresh Orange 100% Apple Juice
25 Multigrain Reduced Sugar Frosted Flakes Graham Cracker Bears Fresh Orange 100% Apple Juice	**26** Whole Wheat Bagel Grape Jelly Fresh Apple 100% Grape Juice	**27** Whole Grain Banana Muffin Loaf Yogurt Cup Mandarin Orange Cup 100% Apple Juice	**28** Cinnamon Toast Crunch Graham Cracker Bears Fresh Apple 100% Grape Juice	**29** **SCHOOL CLOSED**

All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)