

# Riverhead Charter School March 2024 Middle School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>All Grain Products are Whole Grain</b></p> <p><b>No Pork Products on the Menu</b></p> <p><b>Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery.</b></p> <p><b>Please report any food allergy to the school nurse.</b></p>				<p><b>1</b></p> <p>Whole Grain Blueberry Muffin Loaf</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>
<p><b>4</b></p> <p>Whole Grain Honey Nut Cheerios</p> <p>Graham Cracker Bears</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>	<p><b>5</b></p> <p>Whole Wheat Blueberry Bagel</p> <p>Grape Jelly</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p><b>6</b></p> <p>Whole Grain Banana Muffin Loaf</p> <p>Mandarin Orange Cup</p> <p>100% Apple Juice</p>	<p><b>7</b></p> <p>Whole Grain Cinnamon Chex</p> <p>Graham Cracker Bears</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p><b>8</b></p> <p>Whole Grain Corn Muffin Loaf</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>
<p><b>11</b></p> <p>Multigrain Reduced Sugar Frosted Flakes</p> <p>Graham Cracker Bears</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>	<p><b>12</b></p> <p>Whole Wheat Bagel</p> <p>Grape Jelly</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p><b>13</b></p> <p>Whole Grain Banana Muffin Loaf</p> <p>Mandarin Orange Cup</p> <p>100% Apple Juice</p>	<p><b>14</b></p> <p>Cinnamon Toast Crunch</p> <p>Graham Cracker Bears</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p><b>15</b></p> <p>Whole Grain Blueberry Muffin Loaf</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>
<p><b>18</b></p> <p>Whole Grain Honey Nut Cheerios</p> <p>Graham Cracker Bears</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>	<p><b>19</b></p> <p>Whole Wheat Blueberry Bagel</p> <p>Grape Jelly</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p><b>20</b></p> <p>Whole Grain Banana Muffin Loaf</p> <p>Mandarin Orange Cup</p> <p>100% Apple Juice</p>	<p><b>21</b></p> <p>Whole Grain Cinnamon Chex</p> <p>Graham Cracker Bears</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p><b>22</b></p> <p>Whole Grain Corn Muffin Loaf</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>
<p><b>25</b></p> <p>Multigrain Reduced Sugar Frosted Flakes</p> <p>Graham Cracker Bears</p> <p>Fresh Orange</p> <p>100% Apple Juice</p>	<p><b>26</b></p> <p>Whole Wheat Bagel</p> <p>Grape Jelly</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p><b>27</b></p> <p>Whole Grain Banana Muffin Loaf</p> <p>Mandarin Orange Cup</p> <p>100% Apple Juice</p>	<p><b>28</b></p> <p>Cinnamon Toast Crunch</p> <p>Graham Cracker Bears</p> <p>Fresh Apple</p> <p>100% Grape Juice</p>	<p><b>29</b></p> <p><b>SCHOOL CLOSED</b></p>

**All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)**