

## Riverhead Charter School March 2024 Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>All Grain Products are Whole Grain</b>  <b>No Pork Products on the Menu</b>  <b>Menu selections may vary from those on the menu due to the continued related impact on production, distribution, and delivery.</b>  <b>Please report any food allergies to the School Nurse.</b>				<b>1</b>  Tony's Cheese Pizza  Seasoned Green Beans  Mandarin Orange Cup
<b>4</b>  Turkey Sausage Patty Whole Grain Pancakes  Syrup Tater Tots Fresh Apple	<b>5</b>  Chicken Tenders Brown Rice  Glazed Carrots Mixed Fruit Cup	<b>6</b>  Beef Meatballs Whole Wheat Penne Pasta  Marinara Sauce Steamed Broccoli Fresh Pear	<b>7</b>  BBQ Chicken Whole Grain Dinner Roll  Vegetarian Baked Beans Fresh Apple	<b>8</b>  Tony's Cheese Pizza  Cabbage & Mixed Vegetables Mandarin Orange Cup
<b>11</b>  Chicken Nuggets Whole Grain Waffle  Syrup Tater Tots Fresh Apple	<b>12</b>  Curry Chicken Brown Rice  Glazed Carrots Mixed Fruit Cup	<b>13</b> Professional Development  1/2 Day	<b>14</b>  Honey Mustard Glazed Chicken Whole Grain Dinner Roll  Vegetarian Baked Beans Fresh Apple	<b>15</b>  Tony's Cheese Pizza  Seasoned Green Beans Mandarin Orange Cup
<b>18</b>  Turkey Sausage Patty Whole Grain French Toast Sticks  Syrup Tater Tots Fresh Apple	<b>19</b>  Sauteed Chicken Breast Brown Rice  Glazed Carrots Mixed Fruit Cup	<b>20</b>  Beef Meatballs Whole Wheat Penne Pasta  Marinara Sauce Steamed Broccoli Fresh Pear	<b>21</b>  Cheeseburger on a Whole Grain Bun Whole Grain Dinner Roll  Vegetarian Baked Beans Fresh Apple	<b>22</b>  Tony's Cheese Pizza  Cabbage & Mixed Vegetables Mandarin Orange Cup
<b>25</b>  Chicken Nuggets Whole Grain Waffle  Syrup Tater Tots Fresh Apple	<b>26</b>  Jamaican Brown Stew Brown Rice  Glazed Carrots Mixed Fruit Cup	<b>27</b>  Beefed Up Italian Meat Sauce Whole Wheat Penne Pasta  Steamed Broccoli Fresh Pear	<b>28</b>  Tony's Cheese Pizza  Vegetarian Baked Beans Fresh Apple	<b>29</b> School Closed

**All Meals Include Choice of Milk (1/2 pint 1% White or 1/2 pint Non-fat Chocolate)**

**Alternate Lunches Available Daily: Turkey and Cheese on Whole Wheat Bread OR Cheese Sandwich on Whole Wheat Bread , Garden Salad, Fruit, and Choice of Milk.**